

Course Title	General Education – Psychology			
Course Code	GED-P 202			
Course Type	Compulsory			
Level	Undergraduate			
Year / Semester	Year 2 / Semester 4			
Teacher's Name	MARC ZABBAL			
ECTS	6	Lectures / week	3	Laboratories / week
Course Purpose and Objectives	This course focuses on the study of human behavior. As an introduction to the field of psychology, this course includes consideration of psychological principles, terminology, major theories, careers, methods of experimentation, and practical applications. Special topics include personality development, problem-solving, group dynamics, and motivation.			
Learning Outcomes	<p>By the end of the introductory psychology course, students should be able to:</p> <ul style="list-style-type: none"> • Identify basic concepts and research findings and give examples of psychology's integrative themes. • Apply psychological principles to everyday life. • Draw appropriate, logical, and objective conclusions about behavior and mental processes from empirical evidence. • Evaluate misconceptions or erroneous behavioral claims based on evidence from psychological science. • Design, conduct, or evaluate basic psychological research. • Describe ethical principles that guide psychologists in research and therapy. 			
Prerequisites	NONE	Required	NONE	
Course Content	<p>Chapter One: Introduction to Psychology Module 1 Psychologists at Work Module 2 A Science Evolves: The Past, the Present, and the Future Module 3 Research in Psychology Module 4 Critical Research Issues</p> <p>Chapter Two: Neuroscience and Behavior Module 5 Neurons: The Basic Elements of Behavior</p>			

Module 6 The Nervous System and the Endocrine System: Communicating within the Body
Module 7 The Brain

Chapter Three: Sensation and Perception

Module 8 Sensing the World Around Us
Module 9 Vision: Shedding Light on the Eye
Module 10 Hearing and the Other Senses
Module 11 Perceptual Organization: Constructing Our View of the World

Chapter Four: States of Consciousness

Module 12 Sleep and Dreams
Module 13 Hypnosis and Meditation
Module 14 Drug Use: The Highs and Lows of Consciousness

Chapter Five: Learning

Module 15 Classical Conditioning
Module 16 Operant Conditioning
Module 17 Cognitive Approaches to Learning

Chapter Six: Thinking: Memory, Cognition, and Language

Module 18 The Foundations of Memory
Module 19 Recall and Forgetting
Module 20 Thinking, Reasoning, and Problem Solving
Module 21 Language

Chapter Seven: Motivation and Emotion

Module 22 Explaining Motivation
Module 23 Human Needs and Motivation: Eat, Drink, and Be Daring
Module 24 Understanding Emotional Experiences

Chapter Eight: Development

Module 25 Nature, Nurture, and Prenatal Development
Module 26 Infancy and Childhood
Module 27 Adolescence: Becoming an Adult
Module 28 Adulthood

Chapter Nine: Personality and Individual Differences

Module 29 Psychodynamic Approaches to Personality
Module 30 Trait, Learning, Biological and Evolutionary, and Humanistic Approaches to Personality
Module 31 Assessing Personality: Determining What Makes Us Distinctive
Module 32 Intelligence

Chapter Ten: Psychological Disorders

Module 33 Normal versus Abnormal: Making the Distinction
Module 34 The Major Psychological Disorders
Module 35 Psychological Disorders in Perspective

Chapter Eleven: Treatment of Psychological Disorders

	<p>Module 36 Psychotherapy: Psychodynamic, Behavioral, and Cognitive Approaches to Treatment</p> <p>Module 37 Psychotherapy: Humanistic, Interpersonal, and Group Approaches to Treatment</p> <p>Module 38 Biomedical Therapy: Biological Approaches to Treatment</p> <p>Chapter Twelve: Social Psychology</p> <p>Module 39 Attitudes and Social Cognition</p> <p>Module 40 Social Influence and Groups</p> <p>Module 41 Prejudice and Discrimination</p> <p>Module 42 Positive and Negative Social Behavior</p> <p>Module 43 Stress and Coping</p>								
Teaching Methodology	<ul style="list-style-type: none"> •Reading and resolving problems •Working on problem-solving •Attendance and participation in class •Monitor discussions •Writing and reply on objective type questions •Solving unstructured questions and case studies •Brief oral presentation before starting a new chapter and reply to queries from students •Homework for revision purposes •Interaction and collaborative learning •Simulation and role Playing •Video Watching 								
Bibliography	<p style="text-align: center;">1- Psychology and Your Life with P.O.W.E.R Learning</p> <p>4th Edition</p> <p>By Robert Feldman</p> <p>© 2020</p> <p> Published: January 8, 2019</p> <p style="text-align: center;">2- Taking Sides: Clashing Views on Psychological Issues</p> <p>21st Edition</p> <p>By Edwin Gantt</p> <p>© 2020</p> <p> Published: December 16, 2019</p>								
Assessment	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 70%;">Participation</td> <td style="text-align: right;">10%</td> </tr> <tr> <td>Midterm Exam</td> <td style="text-align: right;">30%</td> </tr> <tr> <td>Quizzes</td> <td style="text-align: right;">20%</td> </tr> <tr> <td>Final Exam</td> <td style="text-align: right;">40%</td> </tr> </table>	Participation	10%	Midterm Exam	30%	Quizzes	20%	Final Exam	40%
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Language	English								