

Commander Oliver Homsy

Head of Education & Training Department at the Directorate General of State Security (DGSS)

Psychology, Neuroscience | Human Communication | Behavioral Analysis & Emotional Discipline Enthusiast

About Me

I'm Oliver Homsy, Commander Officer at the Directorate General of State Security in Lebanon and **Head of the Education and Training Department**. With over a decade of experience in military leadership, human behavior, and performance optimization, I specialize in designing and delivering impactful training programs across high-stress environments.

As the founder of ***Train Your Brain***, I've worked with a wide range of professionals, military officers, corporate leaders, educators, psychologists, coaches, and entrepreneurs, helping them build emotional intelligence, mental clarity, and behavioral awareness. My approach is practical, science-based, and grounded in real-world challenges.

I've also collaborated with international organizations to train security personnel in ethical behavioral analysis, including advanced methods to detect deception, stress indicators, and smuggling behaviors in airport and border settings. This work also involved teaching investigators how to conduct interviews without the use of torture, replacing coercive methods with behavioral analysis and investigative interviewing techniques rooted in human rights and psychological science.

Whether I'm training intelligence teams, coaching executives, or teaching students, my goal is the same: to help people regulate under pressure, communicate with impact, and act with purpose.



OLIVER HOMSY

Tel: 00 961 70 49 50 49 Email: oliver.homsy@gmail.com Nationality: **Lebanese**

Education

Lebanese University (UL), Beirut, Lebanon Master of Science in Clinical Psychology Dissertation Title: "Exploring Past Memory & Stress, Insight from five lives Case Study" Advisor: Dr. Joelle Kharraat	Oct 2022 – Nov 2024
Manchester Metropolitan University (MMU) Manchester, United Kingdom Master of Science in Communication, Behavior & Credibility Analysis CBCA Dissertation title: "Mindfulness in the Time of Covid-19 Pandemic: The Impact of Mindfulness Meditation on Performance, Attention Span, and Focus on Lebanese Students" Advisor: Aaron Garner	Sept 2019 – Sept 2021
Emotional Intelligence Academy (EIA) Manchester, United Kingdom Diploma in Behavioral Analysis and Investigative Interviewing DBAII	Sept 2019 – Sept 2020
Lebanese University (UL), Beirut, Lebanon Master of Science in Neuropsychology Dissertation title: "Impact of Rhinoplasty on the Perception of Beauty, Identity, and Personality" Advisor: Dr. Ronza Abdel Rassoul	Oct 2017 – July 2019
Lebanese University (UL), Beirut, Lebanon Bachelor of Science in Psychology	Nov 2014 – Aug 2017
Military Academy, Baabda, Lebanon Degree in Military Science	Sep 2009 – Aug 2012
Notre Dame de Jamhour, Jamhour, Lebanon Economics, Lebanese & French Baccalaureate	Jul 2009

Professional Experience

State Security Agency, Commander Head of Department of Education and Training Metn, Lebanon <ul style="list-style-type: none">Prepared specialized training programs.Coordinated among different professional experts for program creations.Improved the Directorate performance physically, mentally, and professionally.Raised the Directorate Standards on the Investigative Interviewing Style and Deception Detection Techniques.	May 2017 – Present
COVID19 Crisis Management Higher Unit, Council of Ministers Beirut, Lebanon <ul style="list-style-type: none">Worked in the operation room of the National Emergency Crisis and Disaster Management Authority.Coordinated with different governmental and non-governmental agencies for Corona Virus daily cases.Reported the daily situation to the General Secretariat for the Council of Ministers.	April 2020 – April 2022
State Security Agency, First Lieutenant Regional Directorate Baabda, Lebanon <ul style="list-style-type: none">Gathered and analyzed data subject to counter terrorist activities.Monitored and led special covert operations.Led investigative interviewing and behavioral analysis with fugitives and suspects.	May 2016 – April 2017
Office Director, Head of the Office of Director Beirut, Lebanon <ul style="list-style-type: none">Managed the protection and security of the Director on daily basis.Monitored and led special operations with teams of 40 soldiers.Assisted the Director with daily administrative tasks.Coached and trained Officers and Non-Commission Officers (NCOs) on both executorial and intellectual levels.	Mar 2014 – April 2016
State Security Agency, Lieutenant Security Division Beirut, Lebanon <ul style="list-style-type: none">Worked on the security of the Directorate headquarters.Appointed to execute tasks joining the Intelligence Gathering Division.Led and executed special operations all across the country.Appointed head of troop in several military shows.	Jan 2013 – Mar 2014
Lieutenant, Sport & Shooting Division <ul style="list-style-type: none">Trained and examined soldiers on both sports & shooting level.Monitored the fitness level of the candidates.	Jan 2013 – Mar 2014

Training & Teaching Experience

Neuroscience & Behavioral Psychology with the American University of Science and Technology AUST Feb 2025 – Present

- Taught the Human Brain from the lens of Neuroscience & Discover what drives humans from inside out
- Explored how the Brain shapes the world through brain & Behavior teaching
- Trained to master the art of non-verbal communication through the power of body language and learning kinesics
- Taught psychological profiling & the depths of human nature

Deciphering Personalities and Crime Scene Investigations with the Lebanese American University LAU Sept 2023 – Present

- Educated individuals on identifying and understanding various personality types, providing insights into how these traits can influence dangerous behavior.
- Taught the application of various psychometric tests to assess and profile suspects, aiding in the prediction of actions and malicious behaviors
- Trained participants in the knowledge of essential steps of crime scene investigation, from securing the scene to collecting evidences.
- Provided comprehensive training on how the initial crime scene investigation informs and shapes subsequent investigative interviewing.

Behavioral Analysis & Smugglers Detection with the international organization for migration IOM. May 2025 – Present

- Trained airport security personnel in using behavioral analysis to detect potential smugglers and trafficking indicators without relying on profiling or discrimination
- Delivered advanced instruction on reading micro-expressions, nonverbal cues, and behavior patterns associated with concealment, stress, and deception
- Designed and facilitated scenario-based workshops simulating real airport settings, allowing participants to apply behavioral detection techniques under pressure
- Emphasized the integration of human rights principles and non-coercive approaches in traveler screening and questioning
- Promoted the importance of objective, behavior-based assessments to reduce bias and improve accuracy in identifying high-risk individuals at border checkpoints

Behavioral Analysis & Investigative Interviewing with the Lebanese Center of Human Rights CLDH Jan 2021 – Present

- Advocated for the use of behavioral analysis as a human alternative to coercive interrogation techniques, emphasizing its role in preventing torture
- Provided advanced instruction on identifying subtle cues of deception, integrating psychological theories with practical interviewing techniques
- Facilitated practical workshops where participants applied behavioral analysis techniques to real and hypothetical cases
- Ensured to incorporate human rights principles, reinforcing the importance of ethical standards in investigative interviewing and the protection of detainees' rights
- Taught the importance of maintaining professional detachment during interviews to ensure objective analysis and reduce bias in behavioral interpretation.

Behavioral Analysis, partnership with the International Center for Migration Policy ICMPD Oct 2020 – Present

- Trained Officers and first responders NCOs on the importance of Behavioral Analysis as an investigative tool
- Explained the concept of deception and the reasons behind it
- Taught the Behavioral Baseline as a starting point before analyzing behavior and detecting deception
- Explained the Stress-induced non-verbal indicators as potential deception cues
- Highlighted the importance of professional detachment as a mindfulness tool in Behavioral Analysis

Learning & Education Experience

Vagus Nerve Program, A nervous System Transformation for Everyone, Jessica Maguire Online May 2024 – July 2024

- Understand how the nervous system responds with fight, flight, and freeze, using a new framework and language to make sense of these reactions
- Learn to work with your nervous system instead of feeling overwhelmed by emotions and physical sensations
- Strengthen the connection between your brain and body, boosting your resilience and making your nervous system more adaptable and flexible.
- Discover how stress and trauma affect specific brain regions and understand the critical role of the vagus nerve.
- Gain insights into how a dysregulated nervous system can lead to chronic health conditions and learn effective strategies for repair and recovery.

Communication and Presentation Skills, Klynveld Peat Marwick Goerdeler KPMG, Online Sept 2021

- Fundamentals of communication.
- Organizing a chair meeting.
- Structure and taking part of a debate.
- Planning and delivering a speech or presentation, with confidence.

EMOTION-INTELL, A Pioneering Approach to Emotional Intelligence, EIA Sept 2021

- The science and power of emotions, and the individual differences
- Awareness of emotions in self and others
- Recognizing our own emotional state and the emotion/cognition/physical resources triad
- Attentiveness and mindfulness, tips and techniques for managing emotionally charge situations

Train of the Trainer (TOT), KPMG, Online May 2021

- Worked with TOT Specialist in developing, designing, delivering, and evaluating trainings
- Focused on different training styles and activities
- Participated in work groups and exchanged psychological and training concepts

Special Operation Counter Terrorism, South Korea April 2019

- Trained with South Korean leading experts in the field of counter terrorism
- Performed highly risky exercises with special operation teams
- Executed special operation simulated raids of urban places

Gathering Analysis, the Production of information and Interrogation Techniques, Alger Algeria Nov 2018

- Exchanged experiences and knowledge in part of the intelligence world
- Discussed mutual investigative and interviewing techniques
- Focused on different aspects of deception techniques and credibility analysis.

Italian Bilateral Military Mission in Lebanon (MIBIL), CIMIC Liaison, Baabda Lebanon <ul style="list-style-type: none"> ○ Performed High level simulated negotiation scenarios ○ Engaged with NGOs to support refugees and vulnerable people ○ Participated in activities designed to foster the capability growth of the Lebanese security forces 	August 2017
Italian Bilateral Military Mission in Lebanon (MIBIL), CIMIC Field and Staff Worker <ul style="list-style-type: none"> ○ Developed three core concept functions of CIMIC Operational Function ○ Managed the complexity of the dynamics and relation between various actors (military and non-military) ○ Planned and developed high preventive operations coping with the unstable security environment in Lebanon 	Jul 2017 – Aug 2017
Investigation Training, Balashikha, Russia <ul style="list-style-type: none"> ○ Assessed and documented forensic evidence ○ Utilized new investigative technologies ○ Planned and developed hypotheses for criminal investigation processes ○ Participated in workshop on cultural and idiosyncratic differences between the two countries 	Nov 2017 – Dec 2017
Military Intelligence and Reconnaissance, Cairo, Egypt <ul style="list-style-type: none"> ○ Worked with high positioned officers for VIP protection and security ○ Performed highly risky maneuvers with special ops troop ○ Worked on head-to-head private investigations ○ Executed physical tests under pressure TUP 	Nov 2014 – Dec 2014
Taser Training Academy, Arizona Scottsdale, United-States of America <ul style="list-style-type: none"> ○ Worked on force options, decision making and reported to superior officers ○ Handled personal safety ○ Executed medical researches ○ Performed smart weapon maintenance 	Nov 2013
Institute of Internal Security Forces, Baabda, Lebanon <ul style="list-style-type: none"> ○ Psychology of leadership program ○ Investigation techniques ○ Forensic evidence procedures ○ Intelligence and reconnaissance methods 	Aug 2012 – Jan 2013

Languages and Computer Skills

Languages Fluent in **English, French and Arabic**. Intermediate in **Spanish** **Software** Word, PowerPoint, Excel, SPSS, Thinkorswim.

Achievements

International Academy of Non-Verbal Body Language , Paris, France	Mar 2014 – Apr 2014
<ul style="list-style-type: none">o Analytic interrogation and non-verbal communication techniqueso Lie detection trainingo Morphological psychology trainingo International intelligence study and comparison	
Basil Fuleihan Institute of Finance, Ministry of Finance , Beirut, Lebanon	Oct 2014 – Nov 2014
<ul style="list-style-type: none">o Explored the effect of forensic psychologists on crime, policing, criminal justice and rehabilitationo Build advanced communication and analytical skillso Successfully representing our institution training (Nov 2015)	
Academy of high diplomatic studies and international relations , Paris – Baabda	Sep 2014 – Oct 2014
<ul style="list-style-type: none">o Formation and orientation on regional, diplomatic, economic and strategic relationso Formation and orientation on protocol and etiquette	

Interests

<ul style="list-style-type: none">o Active member in the Catholic Church Organization, Jdeideh, Lebanono Active member of the Notre Dame De Jamhour Alumni Societyo Active member in the Conservatory of Beirut	Sep 2008 – Present Jul 2009 – Present Nov 2000 – Present
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Hobbies

Reading, Meditation, Weight lifting, Skiing, Tennis, Dancing, Playing Music.
