

Course title	Psychology in Practice				
Course code	PSY3501				
Course type	Compulsory				
Level	Bachelors				
Year / Semester	Year 3 /Semester 5				
Teacher's name	Dr Andri Vrioni				
ECTS	6	Lectures / week	1hrs	Laboratories / week	2hrs
Course purpose and objectives	<p>In this project-based learning course, students will work collaboratively in teams to investigate and evaluate contemporary psychological research in order to address a real-world problem faced by an external organisation or community partner. Drawing on frameworks from Organisational and Work Psychology, as well as other psychology areas, students will explore how psychological principles can be translated into practice. They will gain work-based learning experience by applying theory and research skills to practical problems, developing key employability attributes such as teamwork, leadership, problem-solving, communication, and project management. Through engagement with external stakeholders, students will gain insight into how psychology informs innovation, organisational development, policy, and service delivery in various professional settings.</p>				
Learning outcomes	<p>On successful completion of the course and with further independent study, students will be able to:</p> <p>Knowledge:</p> <ol style="list-style-type: none"> 1. Identify and evaluate contemporary psychological research relevant to a practical problem. 2. Demonstrate understanding of how psychologists work in applied or professional settings. <p>Competencies:</p> <ol style="list-style-type: none"> 3. Work collaboratively to apply psychological knowledge and design evidence-based solutions. 4. Communicate research-informed recommendations effectively to a professional audience. <p>Transferable Skills:</p> <ol style="list-style-type: none"> 5. Demonstrate effective teamwork, project planning, and problem-solving in a work-based context. 				

Prerequisites		Required	
Course content	<p>Indicative Content:</p> <ul style="list-style-type: none"> • Introduction to Applied Psychology and Work-Based Learning • Organisational and Work Psychology: Motivation, Leadership, Culture, Change • Team Dynamics, Project Planning, and Communication Skills • Working with External Stakeholders • Designing and Implementing Applied Psychological Interventions • Ethical and Professional Issues in Applied Psychology • Translating Research into Practice: Report Writing and Presenting to Clients • Reflexivity, Impact, and Professional Development 		
Teaching methodology	<p>The teaching methodology will include a one-hour weekly lecture followed by a two-hour workshop in which students will work in teams to address a real-world problem proposed by an external stakeholder. In these teams, students will apply their research skills and psychological knowledge to design and develop a detailed solution to the problem.</p> <p>Throughout the process, they will receive formative feedback from the course leader to support the development of their ideas. Each student will produce a final project report outlining the team’s proposed intervention. The course will conclude with a mini-conference, where students will present their interventions to stakeholders, fellow psychology students, and academic staff.</p>		
Bibliography	<p>Core Text:</p> <p>Martin, G. N., & Carlson, N. R. (2025). <i>Psychology</i> (7th ed.). Pearson.</p> <p>Recommended:</p> <p>Arnold, J., Coyne, I., Randall, R., & Patterson, F. (2025). <i>Work psychology</i> (8th ed.). Pearson.</p> <p>Further reading:</p> <p>A reading list will accompany each lecture, highlighting relevant articles accessible through the library, as well as open-access and e-learning resources.</p>		
Assessment	<p>Individual Project Report</p> <p>Group Presentation</p>	<p>70%</p> <p>30%</p>	



Language	English
----------	---------