

Course title	Foundations of Cognitive and Developmental Psychology				
Course code	PSY1205				
Course type	Compulsory				
Level	Bachelors				
Year / Semester	Year 1 / 2 nd semester				
Teacher's name	Dr Eugenia Christoforou/ Dr Maxime Cousineau-Perusse				
ECTS	6	Lectures / week	3hrs	Laboratories / week	-
Course purpose and objectives	<p>This course introduces students to the core theories, concepts, and research findings in social and developmental psychology. It explores how humans perceive, learn, remember and think, and how people grow and change across the lifespan. Key topics include sensation and perception, memory systems, learning and behaviour, language and attention alongside attachment, cognitive and emotional development, prenatal development and socialisation processes in the developmental strand. Students will critically examine classic and contemporary studies, develop foundational skills in applying theory to everyday life.</p>				
Learning outcomes	<p>On successful completion of the course and with further independent study, students will be able to:</p> <p>Knowledge and Understanding</p> <ol style="list-style-type: none"> 3. Describe key concepts, models, and research findings in cognitive and developmental psychology 4. Explain how cognitive and developmental factors influence behaviour across the lifespan <p>Competencies</p> <ol style="list-style-type: none"> 5. Identify and evaluate psychological theories and research related to cognitive and developmental processes 6. Apply foundational knowledge to analyse human behaviour in cognitive and developmental contexts <p>Transferable Skills</p> <ol style="list-style-type: none"> 7. Locate, access, and synthesise information from appropriate academic sources, including textbooks and peer-reviewed articles. 				

	8. Communicate basic psychological ideas effectively in written form, demonstrating understanding of academic conventions, appropriate use of English, and correct application of APA citation and referencing style.		
Prerequisites	None	Required	
Course content	<p>Indicative Content</p> <p>Cognitive Psychology:</p> <ul style="list-style-type: none"> • Sensation and perception • memory systems • learning and behaviour • language and attention <p>Developmental Psychology</p> <ul style="list-style-type: none"> • Prenatal development • Theories of development (e.g., Piaget, Vygotsky, Erikson, Bowlby) • Cognitive, emotional, and social development across life stages • Attachment theory and early relationships • The impact of family, peers, and culture 		
Teaching methodology	Teaching will consist of lectures, in-class discussions, case studies and quizzes designed to assess understanding and provide opportunities for formative feedback. Teaching will be supported by online materials and additional readings		
Bibliography	<p>Core Text:</p> <ul style="list-style-type: none"> • Martin, G. N., & Carlson, N. R. (2025). <i>Psychology</i> (7th ed.). Pearson. <p>Recommended:</p> <ul style="list-style-type: none"> • Radvansky, G. A., Ashcraft, M. H., Ypsilanti, A., & Lazuras, L. (2025). <i>Cognitive psychology</i> (1st ed.). Pearson • Gillibrand, Rachel, Virginia Lam, and Victoria L. O'Donnell. 2025. <i>Developmental Psychology</i>. 3rd ed. London: Pearson. <p>Further reading:</p> <p>A reading list will accompany each lecture, highlighting relevant articles accessible through the library, as well as open-access and e-learning resources.</p>		
Assessment	Attendance and participation		10%
	Cognitive Psychology Essay (1000 words)		45%
		141	



	Developmental Final Exam	45%
Language	English	